



# K GINKGO EXTRACT 50MG TABLET

A Time-Tested  
Herb For Health  
& Wellbeing



**K-Ginkgo Extract 50mg Tablet** is a dietary supplement made from the young leaf extract of Ginkgo Biloba, which has traditionally been used to improve blood circulation and promote general health.

The leaf extract of Ginkgo Biloba is usually used for medicinal purposes, with the young leaves are particularly rich in substances which are believed to be contributing to the health promoting properties of Ginkgo Biloba.



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## About Ginkgo Biloba

Ginkgo is one of the oldest tree species in the world, a living fossil dating back to over 200 million years ago. Ginkgo trees are long living trees with some are being able to live for few hundred or even thousand years, due to its qualities of being disease and pest resistant as well as able to adapt to harsh environmental conditions.

Each tablet contains Ginkgo Biloba Extract : 50 mg

This is a traditional product advertisement  
K.K.L.I.U 0688/2020 (Expiry date: 31-12-2022)

# KINKGO EXTRACT 50MG TABLET

## Blood Circulation & Your Health

The blood transports essential oxygen, nutrients, hormones and antibodies to the cells

The heart pumps the blood through blood vessels to all parts of the body

The blood carries away waste products such as carbon dioxide and metabolic waste from the cells



Good blood circulation provides energy and vitality to our body allowing the organs and systems to function optimally.

Poor blood circulation, on the other hand, can affect our daily lives in many ways, with common symptoms including cold hands and feet, tiredness and sluggishness, dizziness, muscle cramps, stiffness, numbness and so on. Sedentary lifestyle, poor diet and lack of exercise are among the common factors that lead to poor blood circulation in many people nowadays.

To improve blood circulation, the simple way is to exercise regularly and adopt a healthy and balance diet; taking some blood circulation-boosting foods such as Ginkgo Biloba may also help.

### How To Take K-Ginkgo Extract 50mg Tablet

#### Dosage

Adults: Take 2 tablets, twice a day

**Contraindication:** Hypersensitivity to Ginkgo Biloba preparation

#### Caution

- As the use of Ginkgo may increase the tendency of bleeding, please consult your physician/ pharmacist if you are on or intend to start using any other medicines and before you undergo any surgical/ dental procedure
- Please consult your doctor/ pharmacist if symptoms persist or worsen
- Contraindicated in pregnancy and lactation



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