



SAUDA VO

SAUDA VCO VIRGIN COCONUT OIL



K-SAUDA VCO is a combination of Virgin Coconut Oil and Habbatus Sauda Oil. It helps to increase the body's health for our general well-being. **K-SAUDA VCO** is processed using a special technique, therefore reducing the possibility of damaging its Fatty Acid. **K-SAUDA VCO** is prepared in a soft capsule for easy consumption and not easily damaged or contaminated by air and bacteria.

Benefits of K-SAUDA VCO:

• Helps to boost our body's health.



VIRGIN COCONUT OIL

Virgin Coconut Oil is derived from the flesh of young, freshly plucked coconut without using any added chemical substance in order to obtain the best level of oil content. Coconut oil is known to possess good nutritional content to enhance the body's metabolism. It contains many active ingredients that is beneficial to the body such as Middle Chain Fatty Acid (MCFA), monoglyceride, EPA and DHA.

> MCFA is an expandable fatty acid and coconut oil is one of the many food sources that contain the richest MCFA. MCFA that is in pure coconut oil contains Lauric Acid and Capric Acid that are beneficial to the body.

Compared with the contents of fat found in oil generally, Virgin Coconut Oil will not be metabolized and turned into cholesterol when it is in the body. This is due to the content of MCFA that will be incorporated into energy production.

K-SAUDA VCO Contents:

SAUDA VC

- Virgin Coconut Oil 500mg
- Habbatus Sauda Oil 500mg

Usage instructions: 1 to 2 capsules a day.

Attention:

Should not be consumed by pregnant women.

HABBATUS SAUDA OIL

Cumin or Nigella Sativa (in Latin), Habbatus Sauda (in Arabic) and Ketzach (in Hebrew) has been used since thousands of years ago not just as part of cooking ingredients but in traditional medical practice since ancient Egyptian, Roman and Arabic times to the Ayurvedic practice in India.

Habbatus Sauda contains more than 100 beneficial nutrients such as aromatic oil, vitamins and minerals as well as beneficial enzymes. It contains essential fatty acid including Omega 3 and Omega 6 that helps to increase the body's health. It also contains aromatic Nigellone oil and thymochinone that act as anti-oxidants.



For Further Information. Please Contact :



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